




# March 2010 Menu



Mon	Tue	Wed	Thu	Fri
<b>1</b> Creole Meatloaf Twice Whipped Potato Zucchini/ Red Pepper Multi-Grain Bread Fresh Fruit Milk	<b>2</b> Turkey Chili Corn O'Brien Buttered Rice No Salt Crackers Peanut Butter Square Milk	<b>3</b> Breaded Pk/ Gravy Purple Hull Peas Mixed Greens Cornbread Ambrosia Salad Buttermilk	<b>4</b> Swiss Steak Navy Beans Broccoli Wheat Bread Blondie Milk	<b>5</b> Chicken Marinara Casserole Cabbage Sliced Carrots Multi-Grain Bread Choc Chip Pudding Milk
<b>8</b> Spanish Beef Ptty Lima Beans Diced Beets Multi-Grain Bread Strawberry Cake Milk	<b>9</b> Chickn Rice Cass Broccoli Black-eyed Peas Wheat Bread Oatmeal Cookies Milk	<b>10</b> Bf Roast/ Gravy Rice Florentine Carrots Amandine Multi-Grain Bread Mandarin Oranges Milk No Salt Margarine	<b>11</b> Turkey Brst/ Grvy Cornbread Dressing Stewed Okra Wheat Bread Tropical Fruit Milk No Salt Margarine Cranberry Sauce	<b>12</b> Bf Spaghetti Cass French Green Beans Mixed Green Salad Texas Bread Peach Crisp Milk Assorted Dressing
<b>15</b> Dijon Pork Patty Brussels Sprouts Northern Beans Wheat Roll Rice Krispie Treat Milk	<b>16</b> Turkey Pot Pie Mixed Greens Brown Rice Multi-Grain Bread Tropical Fruit Milk	<b>17</b> Glazed Corned Bf Tiny Whole Potatoes Cabbage/Diced Carrots Multi-Grain Bread Mandarin Oranges & Pineapple Milk	<b>18</b> Beef Stew Pinto Beans Broccoli Cornbread Peaches & Pineapple Buttermilk	<b>19</b> Chickn/Dumplings Purple Hull Peas California Vegetables Wheat Roll Coconut Cake Milk
<b>22</b> Turkey Pot Roast Northern Beans Spinach Multi-Grain Bread Fresh Orange Milk No Salt Margarine	<b>23</b> H'ny Mus Chickn Cut Yams Black-eyed Peas Wheat Bread MS Mud Pudding Milk	<b>24</b> Beef Taco Pinto Beans Corn O'Brien Flour Tortilla Shredded Cheese Fresh Banana Milk	<b>25</b> Oven Frd Chickn Herbed Green Beans Wild Rice Cornbread Pineapple Tidbits Buttermilk	<b>26</b> BBQ Rib Patty Coleslaw Ranch Beans White Bread Hot Spiced Apples Milk
<b>29</b> Fiesta Mac/Cheez Broccoli Pinto Beans Wheat Bread Banana Moonpie Milk	<b>30</b> Western Pk Patty Whipped Potatoes Tangy Spinach White Bread Fresh Fruit Milk	<b>31</b> Ovn Frd Chicken Spring Vegetables Northern Beans Texas Bread Fruited Vanilla Puddin Milk		Southwest HRA Nutrition Program P.O. Box 264 Henderson, Tn 38340 1-731-989-5111 1-800-372-6013 